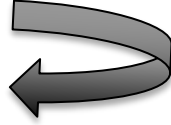










# National Underwear Day

Celebrating Comfort, Confidence, Style, and the Everyday Essential We All Wear



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## Celebrate Fashion & Comfort By The Calendar

-  June 21 – National T-Shirt Day
-  July 1 – International Jeans Day
-  **August 5 – National Underwear Day**
-  September 15 – National Clean Out Your Closet Day
-  October 18 – National No Beard Day
-  December 4 – National Sock Day

1. **Underwear Fashion Show:** Organize a fashion show where participants showcase their favorite or most creative pairs of underwear.
2. **Underwear Decorating Party:** Host a party where guests decorate plain underwear with fabric markers, iron-on patches, and embellishments.
3. **Underwear Dance Party:** Throw a dance party where attendees wear their most comfortable or colorful underwear and dance the night away.
4. **Underwear Trivia Game:** Create a trivia game with questions related to the history, styles, and brands of underwear for a fun and educational activity.
5. **Underwear Charity Drive:** Collect new, packaged underwear to donate to shelters or organizations in need, spreading kindness and support.
6. **Underwear Yoga Class:** Host a yoga class where participants wear their favorite yoga-friendly underwear for added comfort and flexibility.
7. **Underwear Photo Booth:** Set up a photo booth with fun props and backdrops where guests can take silly or stylish photos in their underwear.
8. **Underwear DIY Tie-Dye:** Provide plain white underwear and tie-dye materials for guests to create vibrant and personalized tie-dye designs.
9. **Underwear Karaoke Night:** Sing your heart out at a karaoke night while wearing your most stylish or quirky pairs of underwear.
10. **Underwear Movie Marathon:** Host a movie marathon featuring films with memorable underwear scenes, from comedies to action-packed adventures.
11. **Underwear Fitness Challenge:** Organize a fitness challenge where participants complete exercises and activities in their underwear, promoting body positivity and confidence.
12. **Underwear Painting Party:** Use plain white underwear as canvases for painting masterpieces or abstract designs, unleashing creativity and self-expression.

13. **Underwear Talent Show:** Showcase talents and skills while wearing underwear, from singing and dancing to juggling and magic tricks.
14. **Underwear Scavenger Hunt:** Hide underwear-themed items around the venue or outdoor area for a playful and interactive scavenger hunt.
15. **Underwear Bake-Off:** Host a baking competition where participants wear themed aprons or chef hats over their underwear while creating delicious treats.
16. **Underwear Storytelling Circle:** Share funny or memorable underwear stories and anecdotes in a cozy storytelling circle with friends and family.
17. **Underwear DIY Crafts:** Provide crafting materials like fabric scraps, beads, and sequins for guests to make their own custom underwear creations.
18. **Underwear Flash Mob:** Coordinate a surprise flash mob where participants dance or perform a choreographed routine in their underwear in a public space.
19. **Underwear Makeover Station:** Set up a makeover station with hair, makeup, and accessories to complement guests' underwear outfits.
20. **Underwear Fitness Class:** Lead a fitness class focused on body positivity and self-love, encouraging participants to embrace their bodies in their underwear.
21. **Underwear Fashion Sketching:** Host a fashion sketching session where participants draw their dream underwear designs and share them with the group.
22. **Underwear Spa Day:** Relax and unwind with a spa day featuring pampering treatments like massages, facials, and manicures, all while wearing luxurious underwear.
23. **Underwear Poetry Slam:** Express creativity through poetry or spoken word performances inspired by the theme of underwear.
24. **Underwear Fashion Swap:** Organize a clothing swap where guests can trade or exchange their gently used underwear for new-to-them pairs.
25. **Underwear Group Photo:** Gather everyone together for a group photo wearing their favorite underwear, capturing memories and celebrating National Underwear Day in style.
26. **Underwear Limbo:** Set up a limbo stick and see who can limbo the lowest while wearing underwear.
27. **Underwear Twister:** Play a game of Twister where players must twist and contort their bodies while wearing only underwear.
28. **Underwear Relay Race:** Divide into teams and race to see who can put on and take off a pair of underwear the fastest.
29. **Underwear Tug-of-War:** Grab a long rope and have teams compete in a classic game of tug-of-war, but with participants wearing underwear.
30. **Underwear Balloon Pop:** Attach balloons to the waistband of underwear worn by players and see who can pop the most balloons without using their hands.
31. **Underwear Musical Chairs:** Play a round of musical chairs, but instead of regular chairs, use chairs with pairs of underwear on them.
32. **Underwear Hula Hoop Challenge:** See who can keep a hula hoop spinning around their waist the longest while wearing underwear.
33. **Underwear Potato Sack Race:** Race against each other in potato sacks while wearing underwear for a hilarious twist on a classic game.
34. **Underwear Bean Bag Toss:** Set up targets and take turns tossing bean bags into them while wearing underwear.

35. **Underwear Scavenger Hunt:** Hide underwear-themed items around the playing area and see who can find them all first.
36. **Underwear Water Balloon Dodgeball:** Play a game of dodgeball with water balloons while wearing underwear for a refreshing and fun twist.
37. **Underwear Pillow Fight:** Have a playful pillow fight, but with participants wearing only underwear for added hilarity.
38. **Underwear Simon Says:** Play a game of Simon Says, but with commands related to adjusting or showing off underwear.
39. **Underwear Capture the Flag:** Split into teams and try to capture each other's "flag" (a pair of underwear) while avoiding being tagged.
40. **Underwear Jump Rope:** Take turns jumping rope while wearing underwear and see who can jump the most times without tripping.
41. **Underwear Bean Bag Race:** Race to the finish line while balancing bean bags on your head and wearing underwear.
42. **Underwear Charades:** Act out underwear-related words or phrases while others try to guess what you're portraying.
43. **Underwear Karaoke:** Sing your favorite songs while wearing underwear and let the laughter ensue.
44. **Underwear Memory Game:** Lay out pairs of underwear and take turns flipping them over to find matching pairs.
45. **Underwear Bowling:** Set up a makeshift bowling alley and use rolled-up pairs of underwear as bowling balls to knock down pins.
46. **Underwear Freeze Dance:** Dance to music, but when the music stops, freeze in place until it starts again.
47. **Underwear Trivia Quiz:** Test everyone's knowledge with a quiz about underwear-related facts and trivia.
48. **Underwear Egg-and-Spoon Race:** Balance an egg on a spoon while racing to the finish line in your underwear.
49. **Underwear Leapfrog:** Take turns leaping over each other's backs while wearing underwear.
50. **Underwear Soccer:** Play a game of soccer while wearing underwear, using a makeshift goal and ball to score points.
51. **Underwear Tie-Dye:** Use fabric dye to create vibrant tie-dye designs on plain white underwear for a colorful and personalized look.
52. **Decorated Underwear Pouches:** Decorate small fabric pouches to store underwear, using fabric markers, iron-on patches, or embroidery for a customized touch.
53. **Underwear Keychains:** Make keychains using small pieces of fabric shaped like underwear, adding embellishments like beads, sequins, or buttons.
54. **Underwear Embroidery Hoop Art:** Create embroidery hoop art featuring intricate designs inspired by underwear patterns and motifs for unique wall decor.
55. **Fabric Scrap Underwear Garland:** Cut out underwear shapes from colorful fabric scraps and string them together to make a festive garland for decorating.
56. **Underwear Patchwork Quilt:** Sew together small pieces of fabric to create a patchwork quilt featuring underwear-inspired patterns and designs.
57. **Underwear Tassel Earrings:** Make earrings using small fabric tassels shaped like underwear, attaching them to earring hooks for fun and quirky accessories.

58. **Underwear Fabric Magnets:** Cut out small pieces of fabric shaped like underwear and attach magnets to the back to create unique fridge magnets.
59. **Underwear Painted Rocks:** Paint rocks with underwear designs using acrylic paint and fine-tipped brushes for cute and whimsical garden decorations.
60. **Underwear Paper Collage:** Create collages using cut-out pictures of underwear from magazines or printed images, arranging them on paper for playful artwork.
61. **Underwear Stenciled Tote Bags:** Use underwear-shaped stencils and fabric paint to decorate plain tote bags, creating stylish and functional accessories.
62. **Underwear Friendship Bracelets:** Make friendship bracelets using small fabric strips shaped like underwear, braided together with colorful embroidery floss.
63. **Underwear Clay Charms:** Mold clay into underwear shapes and add details using clay tools or toothpicks, then bake and paint them for adorable charms.
64. **Underwear Beaded Necklaces:** String together beads and small fabric pieces shaped like underwear to make unique necklaces for a playful accessory.
65. **Underwear Sewing Kit:** Create sewing kits using small fabric pouches shaped like underwear, filled with needles, thread, and other sewing supplies.
66. **Underwear Scrapbook Page:** Design scrapbook pages featuring pictures and mementos related to underwear memories and experiences for a fun keepsake.
67. **Underwear Collage Phone Case:** Decorate a clear phone case with cut-out pictures of underwear and fabric scraps, sealing them with Mod Podge for a personalized touch.
68. **Underwear Paper Bag Puppets:** Make paper bag puppets with underwear-shaped faces using markers, googly eyes, and construction paper for entertaining playtime.
69. **Underwear Washi Tape Art:** Create artwork using colorful washi tape to outline underwear shapes on paper or canvas for a simple and modern design.
70. **Underwear Scrapbook Journal:** Make a scrapbook journal featuring underwear-themed pages for recording thoughts, memories, and dreams in a creative way.
71. **Underwear Polymer Clay Jewelry:** Sculpt underwear shapes from polymer clay and bake them to create unique pendants, earrings, or brooches.
72. **Underwear Fabric Bookmark:** Cut out fabric strips shaped like underwear and attach them to ribbon or string to make adorable bookmarks for reading enthusiasts.
73. **Underwear Collage Coasters:** Decorate plain coasters with cut-out pictures of underwear and seal them with resin for durable and stylish drink coasters.
74. **Underwear Paper Lanterns:** Make paper lanterns with underwear-shaped cut-outs using colored paper and LED lights for festive party decorations.
75. **Underwear Origami Creations:** Fold paper into underwear shapes using origami techniques, experimenting with different colors and patterns for playful decorations.
76. **Briefs Brownies:** Bake brownies and cut them into briefs shapes, decorating them with icing or chocolate chips for detailing.
77. **Thong Cookies:** Bake cookies shaped like thongs, using a cookie cutter or shaping them by hand, then decorate with icing or edible glitter.
78. **Boxer Biscuits:** Bake biscuits and use a cookie cutter to create boxer shorts shapes, then ice them with colorful designs.
79. **Panty Popsicles:** Make popsicles using molds shaped like panties, filling them with flavored juices or yogurt for a refreshing treat.
80. **Underwear Cupcakes:** Bake cupcakes and decorate them with frosting to resemble various styles of underwear, from boxers to briefs.

81. **Bra Cake Pops:** Shape cake pops into mini bras, dipping them in melted chocolate and decorating with sprinkles or edible pearls.
82. **Underpants Pancakes:** Cook pancakes in the shape of underpants using a mold or by shaping them with a spoon, then top with syrup or fruit.
83. **Lingerie Lollipops:** Mold candy melts into lingerie shapes using silicone molds, then insert lollipop sticks for a sweet and playful treat.
84. **Thong Tarts:** Bake mini tarts and shape the pastry crust to resemble thongs, filling them with fruit preserves or custard.
85. **Boxer Brief Bagels:** Slice bagels in half and arrange toppings like cream cheese, smoked salmon, and cucumber to resemble boxer briefs.
86. **Panty Parfaits:** Layer yogurt, granola, and fruit in clear glasses or jars, topping them with a decorative piece of fruit to resemble panties.
87. **Underwear Pizza Pockets:** Make mini pizza pockets using crescent roll dough, folding them into shapes resembling underwear and filling them with sauce, cheese, and toppings.
88. **Thong Truffles:** Roll chocolate truffles into thong shapes, dusting them with cocoa powder or rolling them in crushed nuts for added texture.
89. **Bra Baguettes:** Slice baguettes and arrange toppings like sliced meats and cheeses to resemble bras, serving them as savory appetizers.
90. **Briefs Bento Boxes:** Arrange a variety of colorful and nutritious foods in bento boxes, shaping them to resemble briefs for a fun and healthy meal.
91. **Underwear Sandwiches:** Use sandwich cutters to shape bread and fillings into underwear shapes, creating fun and bite-sized sandwiches.
92. **Panty Pretzels:** Shape pretzel dough into panties shapes, sprinkling them with salt or cinnamon sugar before baking for a savory or sweet snack.
93. **Thong Tacos:** Fill taco shells with seasoned meat, lettuce, and cheese, arranging them to resemble thongs for a playful twist on taco night.
94. **Boxer Burger Sliders:** Make mini burger sliders and arrange them on buns, adding toppings like cheese and lettuce to resemble boxer shorts.
95. **Bra Berries:** Dip strawberries in melted chocolate and arrange them on a platter, drizzling them with white chocolate to resemble bras.
96. **Underpants Sushi Rolls:** Roll sushi using rice, seaweed, and fillings like cucumber and avocado, slicing them to resemble underpants for a creative and tasty dish.
97. **Thong Tortilla Chips:** Cut tortillas into thong shapes and bake them until crispy, serving them with salsa or guacamole for dipping.
98. **Briefs Bagels:** Toast bagels and spread them with cream cheese, arranging sliced fruit on top to resemble briefs for a colorful and delicious breakfast option.
99. **Panty Pastries:** Bake pastries in the shape of panties, filling them with jam or cream cheese and dusting them with powdered sugar for a sweet treat.
100. **Lingerie Layer Cake:** Bake layers of cake and stack them to create a lingerie-inspired cake, decorating with frosting and edible flowers for a stunning dessert centerpiece.

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